



A PROCLAMATION OF THE CITY OF KIRKLAND

Designating September 2011 as "Recovery Month" in Kirkland, Washington

WHEREAS, recovery from substance use disorders is possible through a variety of treatment resources and support programs and there are millions of Americans living happy, healthy, and productive lives in recovery; and

WHEREAS, stress can contribute to substance use disorders, and finding a positive outlet for dealing with stress is crucial as people continue to face stressful situations in their lives; and

WHEREAS, substance use disorders are a treatable, yet serious health care problem, and our community must take steps to address it; and

WHEREAS, educating our community about how substance use disorders affect all people in the community, including public safety officials, the workforce, older adults, and families, and therefore is essential to combat misconceptions associated with addiction; and

WHEREAS, Fairfax Hospital, Lakeside-Milam Recovery Center, and Residence XII Treatment Center for Women, all located in Kirkland, provide services to improve the lives of those suffering from addiction and will host a community awareness event on October 1, 9 a.m. to 3 p.m. at the Eastside Foursquare Church in Bothell, WA; and

WHEREAS, to help more people enter a path of recovery, the U.S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration, the White House Office of National Drug Control Policy, King County Mental Health, Chemical Abuse and Dependency Services, and the City of Kirkland invite all residents to recognize *Recovery Month*;

NOW, THEREFORE, I, Joan McBride, Mayor of the City of Kirkland, do proclaim September 2011 as "*Recovery Month*" in the City of Kirkland and call upon the people of Kirkland to observe this month with appropriate programs, activities, and ceremonies supporting this year's theme, "*Recovery Benefits Everyone*" and to attend the October 1 community event.



Signed this 6th day of September, 2011

Joan McBride, Mayor